



**weightwatchers**

## When you need a boost before the brainstorm, We work with you

Come to our Open House\* and learn about how our scientifically-proven approach to food, fitness, and mindset fuses with our focus on overall well-being to deliver impactful results.

Members lost **15% more weight** in their first two months following the new Beyond the Scale program than those who followed the previous program.\*\*

*It's a no-brainer. Join us at our upcoming Weight Watchers® Open House!*

**Dates:** Thursdays. New session about to begin.

Call and reserve your spot today.

**Time:** Noon

**Location:** Torrey Pines Center South, Room 430A

**Contact:** Cindy Walsh at [ckwalsh@ucsd.edu](mailto:ckwalsh@ucsd.edu) or call 858 534-0769

Please note, meetings available in participating areas only. Minimum enrollment required to start meetings in the workplace.

\*Comparing Meetings members who weighed in two months after starting program versus the same time period in the prior year.

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